

Curriculum Vitae

Olivia Anita Carelli, Psy.D.
Licensed Clinical Psychologist
License: PY 11660

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EDUCATION**Psy.D. in Clinical Psychology**

Nova Southeastern University, Fort Lauderdale, FL, American Psychological Association, accredited clinical psychology program

Directed Study Title: Depersonalization/Derealization Disorder: Perceptual/Sensory and Emotional Differences, Supervisors: Jennifer Davidtz, Ph.D., Amy Ellis, Ph.D.

GPA: 3.96

M.S. in Clinical Psychology – August 2018

Nova Southeastern University, Fort Lauderdale, FL, American Psychological Association, accredited clinical psychology program

GPA: 3.96

B.A. in Psychology – May 2015

Flagler College, St. Augustine, FL

Major: Psychology

Minor: Sociology

GPA: 3.62

OCCUPATIONAL EXPERIENCE**Private Practice Clinician in Stuart, Florida beginning January 15th 2022:****Olivia Carelli Psychotherapy**

Address: 729 SW Federal Highway, Suite 201C, Stuart FL 34994

Phone number: 772-208-8538

Email: Contact@OliviaCarelliPsychotherapy.com

Responsibilities:

- Will provide therapy for teenagers, adults, and families experiencing depression, anxiety, OCD, complex trauma/dissociation, eating disorders, borderline personality disorder, suicidality, self-harm, substance abuse, and bipolar disorder.

CLINICAL PRACTICA, INTERNSHIP, AND POSTDOCTORAL TRAINING EXPERIENCE**Postdoctoral Intern September 2021-October 2022****Dr. Yudell & Associates**

Coral Springs and Plantation, FL

Responsibilities

- Completed Social Security Disability evaluations for children and adults seeking disability benefits due to a large range of mental and physical ailments ranging from Alzheimer's to Schizophrenia
- Completed testing for disability evaluations, including the Weschler Intelligence Scale-V, Weschler Adult Intelligence Scale, Woodcock Johnson Test of Achievement, and the Weschler Memory Scales.

- Completed educational, emotional/psychological, and safety evaluations for children and adults experiencing emotional disorders, Attention Deficit Hyperactivity Disorder (ADHD), and Learning Disabilities. In addition to assessments listed above, scored and administered multiple other assessments (*please see list at bottom of CV*)
- Held a weekly caseload of minimum 20 children and adults experiencing mood, anxiety, trauma-related disorders, and eating disorders, which involved frequent family therapy.

Doctoral Intern- September 2020- September 2021

Renfrew Center for Eating Disorders through the South Florida Consortium

Coconut Creek, FL

Responsibilities

- Maintained half of the caseload of the Intensive Outpatient Program (IOP) at the Renfrew Center (around 4-8 clients). Saw each client individually once per week. Responsible for organizing aftercare for each client. Responsible for running and organizing 4-5 hours of IOP groups and monitored eating with these clients.
- Ran a body image group for the partial hospitalization program.
- Ran two groups for the residential program, College Programming (focused on college-related eating disorder concerns), and the Advanced Experientials Group (helping clients to learn how to eat mindfully and utilize the downward-arrow technique).
- Began internship by splitting residential clients. Plan to eventually have own residential clients, seen for individual and family therapy 3 times per week.
- Worked with an interdisciplinary team for specialized care for every client (psychiatrists, nurse practitioner, registered nurses, registered dietitians, other therapists).
- Conducted a program evaluation on the efficacy of the United Treatment Protocol implemented through virtual therapy.
- Provided formal presentations to staff and other members of the consortium.
- Worked with a wide range of disorders including anorexia nervosa, bulimia, binge eating disorder, avoidant/restrictive food intake disorder, borderline personality disorder, bipolar disorder, autism spectrum disorder, and social anxiety disorder. Worked with clients with cooccurring medical conditions (diabetes, gastric bypass surgery).

Supervisors: Janine Furdella, Psy.D., Alissa Baum, Psy.D.

Psychology Trainee – August 2019-May 2020

Florida Atlantic University Counseling and Psychological Services Center (FAU CAPS),

Davie, FL

Responsibilities

- Maintained a caseload of 8-10 student clients from diverse cultural backgrounds currently enrolled at FAU displaying varying presentations ranging from academic distress to severe mood disorders.
- Administered the Counseling Center Assessment of Psychological Symptoms (C-CAPS) upon initial intake and at the onset of individual sessions.
- Conducted approximately two intake sessions per week which were followed by a disposition to a community referral or a recommendation for group or individual therapy at FAU CAPS.
- Co-led a process group Understanding Self and Others of 6-8 students.
- Participated in outreach activities on campus to promote access to CAPS, with a broader goal of destigmatizing access to mental health services on college campuses.
- Attended group and individual supervision with a licensed psychologist or doctoral intern for at least three hours per week.
- Presented six case presentations to staff and other trainees on specific clients for professional consultation.

Supervisors: Victoria Gonzalez, Psy.D., Laura Dipasquale, Ph.D.

Psychology Trainee – August 2018-August 2019**Trauma Resolution Integration Program (TRIP), Davie, FL****Responsibilities**

- Maintained a caseload of 10-12 clients with histories of prolonged childhood sexual and physical abuse. Provided therapy to clients with a broad range of diagnosis including posttraumatic stress disorder, dissociative identity disorder, borderline personality disorder, antisocial personality disorder, stimulant use disorder, dissociative amnesia, and binge eating disorder.
- Completed and scored a broad range of assessments including the SCID-D, TSI-2, OQ-45, STAI, BDI, and ACES.
- Provided Contextual Trauma Therapy, Cognitive Processing Therapy, and Dialectical Behavioral Skills Therapy (DBT).
- Co-lead a DBT group for individuals who have histories of trauma, once a week for two hours during the entire rotation.
- Received an average of 12 direct hours of client intervention a week and an average of four hours of supervision under two licensed psychologists in group and individual settings per week.

Supervisors: Amy Ellis, Ph.D., Steven Gold, Ph.D.**Psychology Trainee – August 2017-August 2018****Adult Services Program, Davie, FL****Responsibilities**

- Provided individual therapy for a caseload of 5-7 adults for a variety of mental health diagnosis including major depression, persistent depressive disorder, agoraphobia, panic disorder, generalized anxiety disorder, and adjustment disorder.
- Provided Emotion-Focused Therapy, Cognitive Behavioral Therapy, Time Limited Psychodynamic Therapy, and Interpersonal Process Therapy.
- Shadowed a process group every week to gain exposure to group therapy.
- Wrote comprehensive bio-psycho-social reports with detailed history and diagnostics.
- Received an average of six hours of direct therapy a week and received an average of four hours of supervision a week under two licensed clinical psychologists and a psychology intern.

Supervisors: Leonard Schnur, Psy.D. ABPP, Jessica Ruiz, Psy.D.**Child-Parent Monitor – January 2015-April 2015****Kids Bridge Visitation Center, St. Augustine, FL****Flagler College Pre-Graduate Internship****Responsibilities**

- Monitored parents with their children who were either removed from their home by Department of Children and Families or who had parents involved in domestic violence.
- Wrote reports on their interactions to be used in court for custody evaluations.
- Occasionally stepped in or provided guidance when parent displayed behavior that was unsafe for children.
- Assisted in divorce coping classes for children.

Supervisor: Kathy Millecan, M.S.**WORK-RELATED EXPERIENCE/PAID POSITIONS****Social Media Coordinator for APA Division 29, Society for the Advancement of Psychotherapy (SAP)– August 2020- Current****Responsibilities**

- Ran the Facebook, LinkedIn, and Twitter pages for SAP
- Created and ran an Instagram account for SAP

- Significantly increased traffic and engagement with these pages
- Responded to comments on the SAP website, notified authors of comments on their posts
- Helped edit submitted papers to the website

Sidran Database Coordinator, Male Survivor Coordinator – July 2018- August 2019

Volunteer for Sidran Database and Male Survivor – July 2016-July 2018

Sidran Traumatic Stress Institute through Nova Southeastern University Center for Psychological Studies
Responsibilities

- Managed the phone line and email account for the Help Desk at the Sidran Traumatic Stress Institute. The Help Desk is responsible for referring individuals with PTSD, C-PTSD, DID, DPDD, and BPD to trauma-informed providers across the US.
- Made calls to clinicians to see if they were qualified to provide trauma-informed care to individuals DID, depersonalization/derealization disorder, dissociative amnesia, PTSD, and C-PTSD.
- Answered over 1,000 emails and phone calls and worked an average of eight hours a week to maintain the Help Desk.
- Utilized Psychology Today, Open Path Collective, the ISST-D Database, Therapy Den, Facebook and the National Alliance for Mental Illness to acquire referrals
- Managed the email account associated with Male Survivor, an organization dedicated specifically to helping male survivors of childhood abuse. Referred males seeking trauma services to qualified providers.

Supervisor: Amy Ellis, Ph.D., Kelly Santandrea, Psy.D.

Graduate Research Assistant – July 2019-August 2019

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Responsibilities

- Grant-funded research project centers on training male-identified peer leaders with lived experience of sexual abuse to deliver online-based motivational interviewing (MI). Study looks at comparative effectiveness of MI and MI with trauma-informed affirmative care for sexual and gender minority individuals. (<https://www.pcori.org/research-results/2018/peer-online-motivational-interviewing-sexual-and-gender-minority-male>)
- Participated in 12 X 1.5 hour group sessions to create training videos for each of the two conditions (motivational interviewing and motivational interviewing with affirmative care).
- Provided feedback to research team regarding feasibility and applicability of manuals.

Supervisor: Amy E. Ellis, Ph.D.

Teacher's Assistant for Objective Personality Testing – August 2019-December 2019

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Responsibilities:

- Checked scoring and provided feedback for doctoral-level student reports utilizing the MMPI-2, MCMI-III, MCMI-IV, 16PF, and the PAI.
- Guest-lectured on a case study involving the administration of Personality Assessment Inventory to an individual with Antisocial Personality Disorder.

Supervisor: Sarah Cooper, Psy.D.

Assistant Advocate to Women – September 2015-May 2016

Safe Space Women's Shelter, Stuart, FL

Responsibilities

- Underwent a 30-hour training to volunteer at a domestic violence shelter. Began working at shelter full-time a few months later after volunteering.
- Helped women to create a safety plan prior to leaving domestic violence situations.

- Answered the 24-7 Florida Coalition for Domestic Violence (FCDV) hotline to assist women in finding safety either at the shelter or local hotels.
- Provided remediation between women living in the shelter.
- Referred women to legal outlets.
- Shadowed therapist conducting group counseling with the women.

OUTREACH PRESENTATIONS/SPEAKING ENGAGEMENTS

Mental Health Awareness: Public Panel for Undergraduate Students Living on Campus - Nova Southeastern University, Fort Lauderdale, FL – January 2019

Trauma-Informed Care for Human Service Professionals and Engaging Males in Mental Health Treatment - Carlos Albizu University, Miami, FL – January 2019

Prioritizing Self-Care and Accessing Mental Health Resources in Broward County - Broward College, Davie, FL – November 2018

Pursuing a Career in the Mental Health Field and Incorporating Self-Care - Psi Beta Induction Ceremony Guest Speaker, Broward College, Davie, FL – November 2018

VOLUNTEER EXPERIENCE

Mental Illness New Directions (MIND), College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Member - 2016-2019

Volunteer Coordinator - 2019-2020

- Position involved raising money and coordinating members of the College of Psychology for community involvement in volunteer events.
- Led or co-led the organization of a broad range of community-based activities including but not limited to:
 - Organizing a team, raising money, boothing, and walking for the American Foundation for Suicide Prevention to raise awareness on suicide and support survivors of suicide.
 - Organizing a team, raising money, boothing, and walking for the National Association for Mental Illness (NAMI) to decrease stigma and publicize mental health resources in Broward County.
 - Raising over \$1000 for the victims of the Parkland Shooting through student-organized bake sales, barbecues, and commissioning restaurants.
 - Organizing a book drive to provide local inpatient mental health facilities with books for residents.
 - Providing psychoeducation and speaking to promote access to resources to students at Nova Southeastern University and Broward College.
 - Creating and distributing homeless outreach bags.
 - Distributing cards for support and “mental health survival kits” to provide to individuals struggling with mental illness in community mental health centers.
 - Boothing for Broward County’s Children’s Day to publicize mental-health resources to children in Broward County.

Volunteers in Medicine Clinic, Stuart, FL

Administrative Volunteer – May 2015-August 2015

- Supported non-profit organization providing free healthcare to the uninsured.

- Worked full time at the front desk greeting patients, dealing with patient concerns, and distributing medication.
- Alerted doctor upon patients' arrival. Called patients to notify them of their upcoming appointments.
- Mentored by psychiatric nurse and social worker on staff.

OFFICES AND SERVICES IN PROFESSIONAL ORGANIZATIONS

American Psychological Association

- Member – 2016-Current
- Member, Division 29: Society for the Advancement of Psychotherapy- Current
 - Social Media Coordinator August 2020-Present
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Florida Psychological Association

- Student Member, August 2020- Current

Mental Illness New Directions (MIND), College of Psychology, Nova Southeastern University

- Member – 2016-Current
- Board Member – 2018-Current
- Volunteer Coordinator – 2019-Current
- School Outreach Coordinator – 2018-2019

Psi Chi (International Honor Society in Psychology)

- Member - 2014-Current

Phi Kappa Phi (National Collegiate Honor Society)

- Member - 2017-Current

Trauma Resolution Integration Program Research Team, Nova Southeastern University

- Member – 2016-2019

RESEARCH EXPERIENCE

Publications

Carelli, O., Ellis, A. E. (2021). Depersonalization/Derealization Disorder: Theory, Treatment, and Advocacy. *Psychotherapy*.

Carelli, O., (2020) Working with Survivors of Covid-19 . *eNewsletter for the Society for the Advancement of Psychotherapy*.

Carelli, O (2020)- Working with and Advocating for Clients with Depersonalization/Derealization Disorder. *Student Section of eNewsletter of The International Society for the Study of Trauma and Dissociation*.

Carelli, O., Skawinski, T. (2019)- Student Therapist Perspectives on Termination with Clients with Complex Trauma. *Student Section of StressPoints, eNewsletter of International Society for Traumatic Stress Studies*.

Research Team Experience

Trauma Resolution Integration Program (TRIP) Research Team - January 2016-Current

Nova Southeastern University, Fort Lauderdale, FL

Responsibilities: Assisted in the editing of articles for *Professional Psychology: Research and Practice*. Provided over 40 hours of data entry for a database of individuals with trauma and stressor-related disorders. Provided oversight for incoming data entry team entering MMPI into a large database for the TRIP Clinic. Completed an extensive literature review for grant-funded research on trauma-informed care for sexual and gender minority males. Assisted in checks to maintain fidelity within the database.

Supervisor: Amy Ellis, Ph.D., Steve Gold, Ph.D.

Research Assistant - January 2017-November 2017

Department of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Responsibilities: Conducted research for a doctoral student's dissertation. Dissertation examined the overall rates of behavior problems in deaf and hard of hearing children as reported across studies from 2000-present as part of a meta-analysis. Analyzed findings across studies for trends in the problematic behaviors of deaf and hard of hearing children to create a model to describe relationships amongst various relevant factors.

Directed Study and Senior Project

Directed Study, May 2019, *Depersonalization/Derealization Disorder: Perceptual/Sensory and Emotional Differences*

Nova Southeastern University, Fort Lauderdale, FL

Responsibilities: Composed an extensive literature review which explored the various perceptual, sensory, and emotional deficits individuals with Depersonalization/Derealization Disorder (DPDD) report. Multiple studies assessing the differences in perceptual/sensory and emotional functioning between individuals with DPDD and those who do not have such a diagnosis were summarized and critiqued. Investigation found current research to be inconclusive as to the etiology of symptoms and what perceptual and sensory deficits exist objectively. Literature review concludes with implications for future studies and treatment recommendations.

Senior Project, August 2015, *The LGBTQ Homelessness Crisis*

Flagler College, St. Augustine, FL

Responsibilities: Conducted a literature review assessing the implications of homelessness on LGBTQ youth mental health symptomology. Assessed the underlying causes of this crisis including family-based risk factors associated with LGBTQ youth homelessness.

WORKSHOPS, TRAININGS, UNPAID POSITIONS

Teacher's Assistant – August 2018-December 2018

Served as a teacher's assistant for doctoral level course of Adult Psychopathology. Created study guides, role-played for the class, and led exam reviews.

Supervisor: Arguelles-Borge, Ph.D.

Motivational Interviewing Training Workshop for working with Survivors of Human Trafficking

Fort Lauderdale, FL, August 2018

Juvenile Justice Human Trafficking Screening Tool Workshop

Fort Lauderdale, FL, August 2018

Male Survivor: Implementing Compassionate Care for Male Victims of Sexual Abuse

Fort Lauderdale FL, January 2017

Basics for Psychological Crisis Intervention in Emergencies

Fort Lauderdale FL., October 2016

Complex PTSD: Therapeutic Assessment with the SCID-D Interview

Naples, FL, September 2016

REFERENCES

Amy Ellis, Ph.D.

Clinical Assistant Professor / Assistant Director, Trauma Resolution & Integration Program
College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Leonard Schnur, Psy.D., ABPP

Associate Clinical Professor
College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Jennifer Davidtz, Ph.D.

Assistant Professor / Director of Internship Training, Psychology Services Center, Fort Lauderdale, FL
College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Victoria Gonzalez, Psy.D.

Broward Campus Coordinator, Davie, FL
Florida Atlantic University College Counseling Center (CAPS), Boca Raton, FL

Janine Furdella, Psy.D.

Intensive Outpatient Program Coordinator for The Renfrew Center, Coconut Creek, FL

David Yudell, Psy.D.

Owner of Dr. Yudell and Associates, Plantation and Coral Springs, FL

ASSESSMENT SCORING AND WRITE-UP EXPERIENCE**Developmental/Neurological and Screening Assessments**

Achenbach Checklists (YSR, CBCL, TRF), Self, Parent, and Teacher Report Forms

Conners 3 Self, Parent, and Teacher Rating Scales

Behavior Rating Inventory of Executive Functioning Second Edition (BRIEF-2) Self, Parent, Teacher Forms

Conners Continuous Performance Test, Third Edition (CPT-3)

Test of Variables of Attention (TOVA)

Bender Gestalt II

Social Communication Questionnaire, Current and Lifetime

Wechsler Memory Scales, Fourth Edition (WMS-IV)

Intelligence Assessments

Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)

Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV)

Kauffman Brief Intelligence Test, Second Edition (KBIT-II)

Academic Functioning Assessments

Woodcock-Johnson Tests of Achievement, Fourth Edition (WJ-IV ACH)

Woodcock-Johnson Tests of Cognitive Achievement (WCJ COG)

Grey Oral Reading Test (GORT)

Grey Silent Reading Test (GSRT)

Nelson Denny

Key Math 3, Diagnostic Assessment

Comprehensive Test of Phonological Processing, Second Edition (CTOPP-2)

Emotional Functioning Assessments

Screen for Child Anxiety Related Disorders (SCARED), Parent and Child form

Child Depression Inventory, Second Edition (CDI-2)- Parent and Child forms

Beck Depression Inventory-II (BDI-II_

Millon Adolescent Personality Inventory (MAPI)

Millon Pre-Adolescent Clinical Inventory (M-PACI)

Millon Adolescent Clinical Inventory, Second Edition (MACI-II)

Minnesota Multiphasic Personality Inventory (MMPI)

Personality Assessment Inventory (PAI)

Trauma Symptoms Inventory-2 (TSI-2)

Sentence Completion

Thematic Apperception Test (TAT)

House-Tree-Person Projective Assessment Test (HTP)

Parenting Assessments

Parental Stress Inventory, Fourth Edition (PSI-IV)

Family Assessment Measure Version III